

TEAM CAPTAINS' MEETING

Friday, July 19th

TCM: **AGENDA**

Roll Call
Entries and draw
Opening Ceremony
Venue Overview
Timetable
Weather Forecast
Stadium
Courses
Information from the OC
Information from the TD



















TCM: ROLL CALL

- ARM
- CHI
- · CRO
- EST
- GER
- ITA
- KAZ

- KGZ
- LAT
- LTU
- NOR
- POR
- SWE
- UKR











merks







TCM: ENTRIES & START LISTS



















TCM: JURY

| Role Name | | Nation | |
|---|-----------------------|--------|--|
| FIS Technical Delegate | Anniki INNO | EST | |
| TD Assistant | Lorena MALEC MLINARIC | CRO | |
| Chief of Competition | Gunars IKAUNIEKS | LAT | |
| FIS Rollerski Coordinator Martins NIKLASS | | LAT | |
| National TD assistant | Janis PUIDA | LAT | |





ma³na madona













TCM: **TIMETABLE**

| Time | | |
|-----------------------|--|--|
| 9:00 – 11:00 | Race Office open at City centre | |
| 14:30 – 20:00 | | |
| 14.30 20.00 | | |
| 9:30 – 10:00 | Distribution of FF Skate Rollerskis for the official training (must be returned after) | |
| | | |
| 10:00 – 11:00 | Official training for Mass start F at Madona city course | |
| 11:00 – 15:00 | 200m Sprint track CLOSED, due to the National Championship | |
| 15:00 – 15:50 | Official Training for Sprint F at Raina street, Madona | |
| 16:00 | Sprint Qualification JW, SW, JM, SM (interval 15 s) | |
| | | |
| 17:30 | Sprint quarterfinals (1-16 from Qualification, 4 athletes in heat) JW, SW, JM, SM | |
| | Semi-finals: JW, SW, JM, SM | |
| 18:20 | | |
| | Finals: JW, SW, JM, SM | |
| 5 min after each Race | Flower ceremony | |
| 19:00 | Official Prize giving ceremony, at city square | |
| 20:00 | Team Captains meeting | |









merks









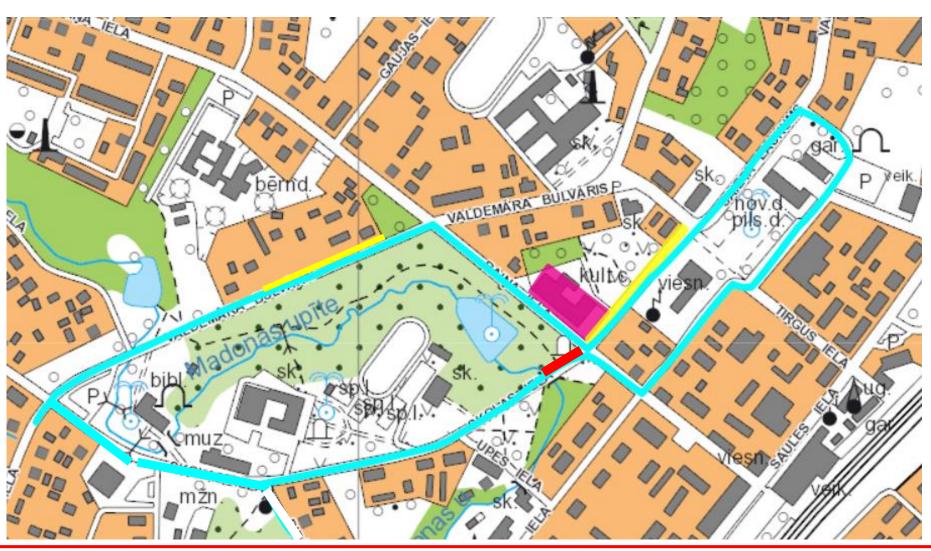


TCM: Official training Mass start F





Race Office (WC, Showers, dressing rooms)



No coaching on the sprint street

Limited width marked with red plastic cones

feeding









merks









TCM: Timetable for Sprint heats

16:00 SPRINT QUALIFICATION: JL, SL, JM, SM (INTERVAL 15 SEC)

17:10 TCM FOR BIBS DISTRIBUTION (AT THE RACE OFFICE NEXT TO THE START)

17:30 SPRINT 1/4 FINALS (90 sec between each 1/4 final)

18:02 SPRINT ½ -FINALS: JL, SL, JM, SM (2 min between each ½ final)

18:20 A FINALS: JL, SL, JM, SM (5min between each final)



















TCM: STARTING ORDER FOR FINALS

325.4.2.6 Or using Table B: quarter Finals using 4 heats

| TABLE B Quarter Finals using 4 Heats, maximum 24 advance | | | | |
|--|----|----|----|----|
| Assigned to heats | Q1 | Q2 | Q3 | Q4 |
| Distribution | 1 | 4 | 2 | 3 |
| 1 – 16 | 8 | 5 | 7 | 6 |
| | 9 | 12 | 10 | 11 |
| | 16 | 13 | 15 | 14 |

| S1 | S2 |
|-------|-------|
| Q1 #1 | Q3 #1 |
| Q1 #2 | Q3 #2 |
| Q2 #1 | Q4 #1 |
| Q2 #2 | Q4 #2 |

| A Final | | |
|---------|--|--|
| S1 #1 | | |
| S1 #2 | | |
| S2 #1 | | |
| S2 #2 | | |







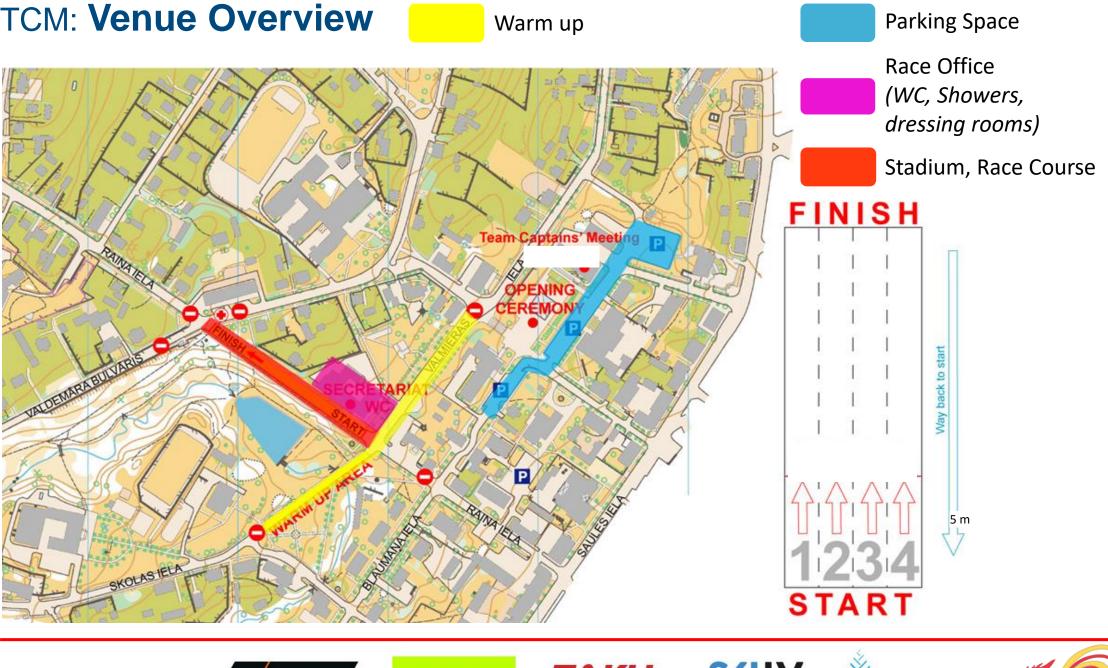
















madona





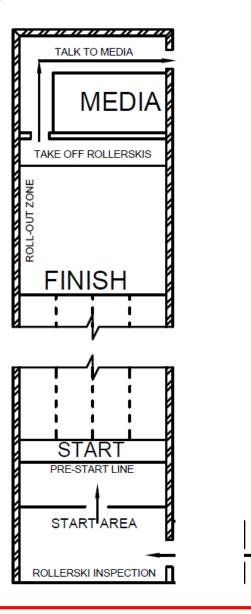








TCM: STADIUM OVERVIEW







madona





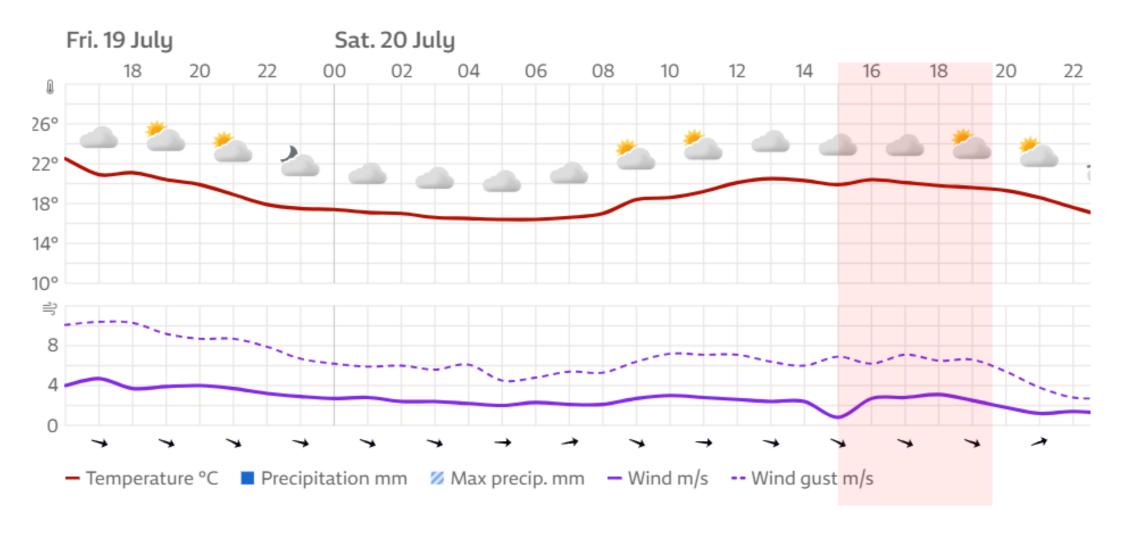








TCM: WEATHER FORECAST





















TCM: Race Office

| Office | Location | Opening times |
|-------------|---|------------------------|
| | In Madona city at culture centre | Saturday 9:00 — 11:00 |
| Race office | Coordinates: <u>56°51'13.0"N 26°13'02.1"E</u> | Saturday 14:30 – 20:00 |
| | Tel. +371 29347575; <u>madona.lv</u> | Sunday 8:00 – 15:00 |

Racing Bibs, Training Bibs, transponders can be received at the Race Office

Racing bibs are available before the start at the race office

Training bibs must be used during the official training and warm-up

Transponders stay with the athlete together with the training bib and must be used in all competitions and after the last race.

In case of loosing bib or transponder, the competitor must pay a fee to the OC (20€ for a bib, 70€ for a transponder).

















TCM: UNOFFICIAL TRAINING SPRINT 200m F

• FRIDAY 19:00 – 21:00 – Raina street



















TCM: ALL THE INFORMATION

http://madona2024.lv



WORLD CUP INFORMATION PAKALPOJUMI SACENSĪBAS REZULTĀTI GALERIJA TRASES NAKTSMĪTNES MOTOTRASE KONTAKTI





















TCM: GENERAL INFORMATION FROM THE FIS TO

- HEAT START
 - 315.5.2 COMPETITORS ARE ORGANIZED ON THE PRE-START LINE WHERE INSTRUCTIONS ARE GIVEN AND START LANES DESIGNATED. THE STARTER WILL GIVE THE COMMAND "TAKE YOUR START POSITIONS" AND THE COMPETITORS ADVANCE TO THE START LINE. WHEN ALL COMPETITORS ARE AT THE START LINE, THE STARTER WILL GIVE THE COMMAND "SET" AND ALL THE COMPETITORS MUST REMAIN MOTIONLESS UNTIL THE STARTER GIVES THE START SIGNAL. "
- FALSE START SPRINT
 - 325.4.2.10 ANY COMPETITOR WHO CAUSES A FALSE START WILL BE SANCTIONED BY A WRITTEN REPRIMAND. FOLLOWING THE FIRST FALSE START IN A HEAT, ANY COMPETITOR WHO CAUSES A SUBSEQUENT FALSE START IN THE SAME HEAT WILL BE REQUIRED TO WITH-DRAW FROM THE COMPETION. THE COMPETITOR WILL BE RANKED AS THE LAST POSITION OF THE APPLICABLE FINAL...

















TCM: GENERAL INFORMATION FROM THE FIS TO







- Helmets, goggles, pole winter basket or >30mm safety tip must be used during the official training and Races
- Training Bibs must be used during the Official training
- Race Bibs must be used during the Warm-up
- During the official training nobody is allowed on the rollerskis without Training Bib
- Don't use the track in the opposite direction



















TCM: GENERAL INFORMATION FROM THE FIS TD

Correct starting position at gate





















TCM: GENERAL INFORMATION FROM FF Rollerskis









- Athletes and/or team staff has no right to make any changes at picked rollerskis
- No change of bearings, no oil, no adjustment, no spacers nothing at all
- During the official training and before the competition athlete has a right to declare any technical defect found in distributed rollerskis ask for repairing or change of rollerskis, if it is necessary according to FF Rollerskis

















TCM: GENERAL INFORMATION FROM THE OC

- please, inform about the transport (hotel-venue-hotel) times































































